

Goals for children:

- Increase emotional stability
- Socialization skills
- Enhance or maintain relationships and friendships
- Improve educational outcomes
- Develop coping skills for stress and anger
- Improve sense of well-being



Goals for families:

- Reduce stress
- Improve communication skills
- Learn ways to cope with behavioral issues
- Receive emotional support
- Acquire information about the range of community supports available

Who is eligible for program participation?

- School Age Youth 5-21 with co-occurring diagnoses
 - Broome County Resident
- Prioritizing these school districts:
- Binghamton
 - Johnson City
 - Union-Endicott

Our goal is to support the social, emotional and mental health of school age youth and their families



OPPORTUNITY



EMPOWERMENT



HOPE



ENCOURAGEMENT



Program Activities

- One to one counseling
- Community outreach
- Support groups
 - Ages 5-13
 - Ages 14-21



Did you know?

Empowering people
with disabilities
for 40 years,
STIC will now offer
hope, opportunity,
and encouragement
in order to reach a
currently underserved
population in
Broome County




Children and Family Mental Health Counseling

Our goal is to support
the social, emotional
and mental health of
school age youth (5-21)
and their families

For more information
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Children and Family Mental Health Counseling



Services for youth with
Dual Diagnoses of
Mental Health and
Intellectual/Developmental
Disabilities

