Transitions from School to Adult Life

A Resource Guide

Serving: Broome, Tioga, Chenango, Chemung, Delaware, Otsego, Schuyler, and Steuben Counties

Created by: Community Employment Specialists (funded by NYSED ACCES-VR)

2017

For additional copies contact 607-724-2111 ext 393

This guide contains information made available for the public. It does not serve to endorse any individual, organization, or agency.
Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR)

Binghamton Office
State Office Building 7th Floor
44 Hawley St. Binghamton, NY 13901-4470
607-721-8400
1-800-888-5010

Elmira Office
609 E. Church St. Elmira, NY 14901
607-734-5294
1-800-888-5020

www.acces.nysed.gov/vr
If you have questions and are not sure where to start, call

First Call for Help 211

24 hours a day/7 days a week

Operated by the United Way

In Steuben, Schuyler and Chemung counties
also visit

www.211helpline.org/ddinfo

An online tool providing information specifically for individuals with disabilities and their families.
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EMPLOYMENT AGENCIES

Achieve
47 Riverside Dr. Johnson City, NY 13760
607-723-8361
www.achieveny.org

• Serves Broome and Tioga Counties.
• Offers Vocational Services, Residential Services, Day Habilitation, Family Support, Summer Program, Medicaid Service Coordination and Guardianship.
• Costs billable through Medicaid and Insurance.
• Ages 5+.

Association for Vision Rehabilitation and Employment, INC. (AVRE)
174 Court St. Binghamton, NY 13901
607-724-2428
(f) 607-771-8045
www.avreus.org/

• Serves Broome, Chemung, Chenango, Cortland, Delaware, Otsego, Schuyler, Tioga, Tompkins, as well as the Pennsylvania counties of Bradford, Susquehanna and Tioga.
• Vision Rehabilitation services, Low vision services, Orientation and mobility, ACCESS-Tech Center, Case Management, Low Vision Adaptive Aides and Devices, Employment services.
Broome Tioga BOCES Youth Apprenticeship Program
435 Glenwood Rd. Binghamton, NY 13905
607-763-3254
www.btboces.org

• Serves Broome and Tioga County.
• The Youth apprenticeship program is designed to offer high school juniors and seniors the opportunity to see direct connections between school learning and employment while working in the occupational field of their interests.
• No cost if participating school district is in the BT BOCES region.
• Appropriate for High School Juniors and Seniors.

Broome Tioga Workforce
171 Front St. Binghamton, NY 13905
607-778-2136
www.broometiogaworks.com

• Serving Broome and Tioga County.
• Offers universal job search services to youth and adults whether they are looking for a first job, a new job, or a second job. Provides essential linkages to businesses, community agencies, educational/training programs, benefits counseling, and more.
• Ages 16 and up.
Capabilities Inc.
1149 Sullivan St. Elmira, NY 14901
607-734-2006
www.capabilities.org

• Serving Tioga, Chemung, Schuyler, and Steuben counties.
• Offers all Vocational Services, including, Direct Placement, Employment Assistance, Peer Program, Supported Employment, Supported Education, Ticket to Work, and Youth Services.
• No fees apply.
• Ages 16 and up.

Career Development Council
9579 Vocational Dr. Painted Post, NY 14870
607-654-2305
www.gstboces.org/cdc

• Serving Chemung, Schuyler and Steuben Counties.
• Provides a resource link to educators and students with local business and industry.
• No fees apply.
CDO Workforce NY
12 Dietz St. Oneonta, NY 13820
607-432-4800
1 Gallant Ave. • Suite 1
Delhi, NY 13753
607-832-5777
1 Ohara Dr. Norwich, NY 13815
607-334-2201
http://www.cdoworkforce.org/
• Serving Chenango, Delaware, and Otsego Counties.
• Coordinates and focuses employment, training, and education resources. Provides services to employed persons, unemployed persons, and employers with the goal to improve long term growth and development of the workforce.
• Serving youth and adults.

ELITE (formerly Step-Up)
840 Upper Front St. Binghamton, NY 13905
607-772-8953
ccesbroomecounty.com
• Serves Broome County.
• Career development training, business tours, job shadowing, resume building, and soft skills.
• Ages: 18-24.
Oneonta Job Corps Training Center
21 Homer Folks Ave. Oneonta, NY 13820
607-431-1443 • 1-800-733-5627
oneonta.jobcorps.gov

- Serves: Broome, Chenango, Delaware, Otsego County.
- Provides residential training program for students. Provides room, board, clothing, medical care, uniforms, and a living allowance. Offers High School Diploma and TASC classes, automotive and mechanical repair, facilities maintenance, cement masonry, tile setting, electrician, medical office training, CMA and CNA. Guidance counseling, job placement, and college programs available.
- No cost.
- Ages 16-24.

The Star Group
PO Box 708 Whitney Point, NY 13862
607-692-7829
www.thestargroupinc.com

- Counties: Allegany, Broome, Chemung, Chenango, Delaware, Greene, Otsego, Schoharie, Schuyler, Steuben, and Tioga counties.
- Provides job placement, assessments, resume building, and skills to help in any future employment related needs. Programs are client centered and individualized to meet the needs of each consumer. Offers certification in Employment Strategies for Transition Age Youth from Cornell University and are certified ADA Trainers.
Transitions from School to Adult Life

Vocational and Educational Support Program (VESP)
9 River St. Oneonta, NY 13820
607-433-1714 x201
• Serves Otsego County.

• Provides: vocational training, assistance in identifying and pursuing employment goals including supported employment, transitional employment, and competitive employment with job coaching. Also provides assistance with readiness evaluation, barrier identification, work readiness skills training, job search, resume writing, and benefits counseling.

• No fees.

• Ages: students exiting high school.

Vocational Incentives Program (Family and Children’s Society)
355 Riverside Dr. Johnson City, NY 13790
607-296-7086
www.familycs.org

• Serving Broome County.

• Assisting individuals with Mental Health diagnosis in finding employment. Can assist with resume/cover letters, interviewing, benefits counseling, and job searches. Provides ongoing support after employment has been obtained.

• No fees apply.
Workforce NY: Chemung-Schuyler-Steuben
20 Denison Parkway W (Corning) 607-937-8337
117 East Steuben St (Bath) 607-776-7712
318 Madison Ave (Elmira) 607-733-7131
323 Owego St (Montour Falls) 607-535-6840
107 Broadway (Hornell) 607-324-8388
www.csswfny.com

• Focuses on helping young local adults gain the skills required to obtain long term employment. Mentoring, paid work experience, short term trainings, summer employment opportunities, education assistance, career guidance, soft skills program.

• No cost.
AIM Independent Living Center
271 E. First St. Corning, NY 14830
607-962-8225
http://www.aimcil.com

- Serving Chemung, Schuyler, and Steuben Counties.
- AIM provides four core services: Peer Counseling; Information and Referral; Independent Living Skills; and Individual and Systems Advocacy. These core services support many programs and services under the AIM umbrella.
- Serving all ages.

Catskill Center for Independence
PO Box 1247. Oneonta, NY 13820
(located at 6104 State Highway 23)
607-432-8000
www.ccfi.us

- Serving: Delaware and Otsego Counties.
- Offers information, referral, TBI waiver services, architectural barrier consultation, personal care attendant referral, and benefits advising.
- Services are at no cost.
- Birth-Adulthood.
**Finger Lakes Independence Center**
215 Fifth St. Ithaca, NY 14850
Voice/TTY 607-272-2433
http://www.fliconline.org/index.html

- Services Tompkins and Schuyler counties.
- FLIC empowers all people with disabilities through programs including (but not limited to) Student services for those transitioning from High school to adulthood, Benefits Advisement, Information and Referral, and a loan closet.
- Serving all ages.

**Regional Center for Independent Living**
497 State St. Rochester, NY 14608
Phone: 585-442-6470 (V/TTY)
http://www.rcil.org/

- Primarily serves Monroe, Wayne, Ontario, Yates, and Livingston Counties.
- Provides a disability resource center and community support services to enable individuals to live without restriction. Services include (but are not limited to) Job seeking, placement, and retention, Youth Leadership, and a loan closet.
- Serving all ages.
Southern Tier Independence Center (STIC)
135 East Frederick St. Binghamton, NY 13904
607-724-2111
www.stic-cil.org

• Serves all counties.
• STIC offers assistance and services to children and adults with all disabilities, increasing their independence and allowing them to pursue their dreams. Includes (but not limited to) Employment Services/Supported Employment, Peer Counseling, ILS, TRAID (Assistive technology loan closet), Behavioral Consulting, Community Habilitation, Housing Assistance, Service Coordination, and the Parent Technical Assistance Center.
• Serving all ages.
MENTAL HEALTH
SERVICE AGENCIES

Comprehensive Psychiatric Emergency Program / Child and Youth Mobile Crisis (CPEP)
at Binghamton General Hospital
10-42 Mitchell Ave. Binghamton, NY 13903
607-762-2458

• Serving all counties.
• Services offered mental status exams, crisis intervention, psychological consults, SPOA referrals, facilitation of hospitals, referrals to Adolescent Crisis Residence, support and advocacy, outreach to schools, student internships, outpatient mental health referrals.
• No Fees.
• Ages: 5 and up.

Greater Binghamton Health Center
425 Robinson St. Binghamton, NY 13904
607-773-4520

• Serving: Broome, Delaware, Chenango, Otsego, Tioga, and Tompkins counties.
• Offers: Physician Assistant Services, Crisis Services, Psychological testing, Family Education, Parent Support, Wellness, Medical Treatment, and additional services.
• Fees: accepts medical insurance.
• Eligibility – Primary diagnosis of Mental Illness other than drug/alcohol disorder.
• Ages: under 18.
Family Services of Chemung County  
1019 E. Water St., Elmira, NY 14901  
607- 733-5696  
www.familyservicesofchemung.com  
• Serves Chemung County.  
• Offers Youth Emotional Screening Program, Compeer Program, Family Counseling and Family Mental Health Services.  
• Costs billable through Medicaid, and other insurances.  
• Ages: Children through Adults.  

Lourdes Mental Health  
184 Court St. Binghamton, NY 13901  
607-584-4465  
• Serving all counties.  
• Offers: Counseling- family and individual, Physician’s Assistants, Medication Monitoring, and Health Monitoring.  
• Fees: accept Medicaid, Medicare, managed care, and other forms of insurance.  
• Ages: 5 and up.
Mental Health Association of the Southern Tier (MHAST) Children and Youth Rural BEAR
153 Court St. Binghamton, NY 13901
607-771-8888 x307

• Serving schools in the following districts: Windsor, Deposit, Harpursville, Chenango Forks, Chenango Valley, Susquehanna Valley, Whitney Point, Maine Endwell.

• Offering care coordination, education and support for families of students with significant difficulties in school, home or community life and are in need of in-home assistance. Transportation, Rural services.

• No fees.

• Ages 5-18.

Mental Health Outpatient Clinic
Chenango County Office Building Suite 42
5 Court St. Norwich, NY 13815
607-337-1600
www.co.chenango.ny.us

• Serving Chenango County.

• Offers Family Therapy, Medication Therapy, Case Management (Intensive, Supportive, and Regular), Consultation Services, and Forensic services.

• Fees: Insurance and sliding fee scale.

• Ages: children to adult.
Otsego Community Education Program
Mountain View Social Club Community Education Project
P.O. Box 781 9 River St. Oneonta, NY 13820
607-433-1714 ext. 201
www.otsegocep.org

- Serves Otsego County.
- Provides supports to low income families and adults with mental health illnesses. Offers housing support, recovery education and support, a mental health library, health and fitness support, Food and nutrition including daily lunches, community activities, peer support groups, community resource education, employment opportunities, transportation, and peer leadership development. Also has a “warm line” support hotline.
- Serves adults 18 years and older.

Samaritan House
202 E. Main St. Endicott, NY 13760
261 Main St. Owego, NY 13827
607-754-2660
www.samaritanendicott.com

- Serving Broome and Tioga Counties.
- Provides Counseling for Anger Management, Anxiety, Depression, PTSD, Grief and Loss, Relationship and Family, Sexual Identity, Stress, and School problems.
- Fees: Insurance and sliding fee scale.
- Ages: Youth to Adult.
Single Point of Access (SPOA)

Broome County:
36-42 Main St. Binghamton, NY
607-778-1102

Chenango County:
Suite 42 – 5 Court St. Norwich, NY 13815
607-337-1600

Chemung County:
Human Resource Center Elmira, NY 14902
607-733-5696

Delaware County:
Delaware County Mental Health Clinic
1 Hospital Rd. Walton, NY 13856
607-865-6522

Otsego County:
242 Main St. Oneonta, NY 13820
607-433-2343

Steuben County:
115 Liberty St. Bath, NY 14810
607-776-6577

Schuyler County:
106 South Perry St. Watkins Glen, NY 14891
607-535-8282

Tioga County:
175 Main St. Owego, NY 13827
607-687-7468

- Services offered: Case Management, Parent Partners, Respite, rural bear, Therapy, Residential Treatment, Community Residence.
- Ages: 4-21 years.
Southern Tier Mobile Integration Team
1-844-HELPMIT

• Serves Broome, Chenango, Delaware, Otsego, Tioga, Tompkins counties.

• Offers brief therapeutic support, skill building, crisis assessment and intervention, consultation and information services, peer support groups and skills training, family and caregiver support, behavioral support/consultation, respite (home and community).

• No cost. The MIT works with Medicaid, private insurance or individuals with no insurance.

Upstate Eating Disorder Services
Offices in Ithaca, Elmira, Liverpool, and Vestal NY
607-732-5646

• Serving all counties.

• Offers: Case Management, Nutrition, Counseling, Outpatient Treatment, and Partial Hospitalization.

• Accepts most insurances.

• Ages: children and adolescents.
Able2
1118 Charles Street
PO Box 1554
Elmira, NY 14902-1554
607-734-7107
www.able-2.org

• Serves Chemung and Tioga Counties.
• Offers Residential opportunities, day and community habilitation services, respite, clinical services, environmental modifications, Service Coordination and self-determined supports.
• Costs billable through Medicaid and Insurance.

ARC of Chemung
711 Sullivan Street
Elmira, NY 14901
607-734-6151
www.arcofchemung.org

• Serves Chemung County.
• Offers Developmental Health Services, Vocational Services, Residential Supports and Family Supports.
• Costs billable through Medicaid.
ARC of Delaware
34570 State Highway 10
Walton, New York 13856
607-865-7126
http://www.delarc.org/

- Serves Delaware County.
- Offers Adult Day Services, Vocational Services, Family Services, Guardianship, Recreational Services, Residential Services, and Transportation Services.
- Serves children and adults.
- Serves ages birth to adulthood.

ARC of Otsego
35 Academy Street
Oneonta, NY 13820
Phone: 607-432-8595
www.arcotsego.org

- Serves Otsego County.
- Offers Adult Day Services, Employment Services, Family Services, Guardianship, Self-Directed Services, Residential Services, School-to-Work Transition Services, School-Based Autism Family Education and Transportation Services. Other supports and services as identified in our person-centered assessment and plans.
- Costs billable through Medicaid.
ARC of Schuyler
Watkins Glen, NY
607-535-6934
www.arcofschuyler.com

• Serves Schuyler County.
• Offers Early Intervention Services, Service Coordination, School to Work, Residential Supports, Career Services, Day Services and Support Services.
• Costs billable through Medicaid.
• Ages Infant through Adult.

ARC of Steuben
1 ARC Industrial Park Road
Bath, NY 14801
607-776-4146
www.arcofsteuben.org

• Serves Steuben County.
• Offers Early Intervention Services, Service Coordination, Employment Training Program, Supported Employment, Work Study Program, and Self-Directed Supports.
• Costs billable through Medicaid and Insurance.
• Ages Infant through Adult.
Catholic Charities of Broome County
232 Main St. Binghamton, NY 13905
607-729-9166
www.catholiccharitiesbc.org

- Serving Broome County.
- Offers Family Counseling, Functional Family Therapy (ages 11-17), and the Gateway Center for Youth (ages 8-21).
- Fees: most insurances and sliding fee scale.

Coordinated Children’s Service Initiative (CCSI)
46 Oneida St. Oneonta, NY 13820
607-432-0001

- Services available in Chenango and Otsego counties.
- Provides wraparound services to families who have children who are involved in multiple systems (i.e. Special Education, Juvenile Justice, Mental Health, etc.) and at risk of placement outside of the home.
- Ages 5-19.

Cornell Cooperative Extension
Tioga County
56 Main St. Owego, NY 13827
607-687-4020 ext. 317
tioga.cce.cornell.edu

- Serves Tioga County.
- Offers Youth Employment services.
- No fees apply.
- Ages 18-21 years.
Delaware Opportunities
35430 St. Highway 10. Hamden, NY 13782
607-746-1600
TTY 800-662-1200
www.delawareopportunities.org
• Serves Delaware County.
• Offers a variety of programs to help people achieve self-sufficiency and attain a better quality of life. Programs include (but are not limited to) Employment Services, Housing Services, Service Coordination, and Transportation.
• Serving all ages.

Educational Talent Search
State Office Building 44 Hawley St.
Binghamton, NY 13901
607-777-5430
• Serves Broome and Tioga County.
• Serves low-income, first-generation, prospective college students and students with disabilities.
• Provides academic, career, and financial counseling to participants and encourages them to graduate from high school and continue on to and complete their postsecondary education. Also assists participants with postsecondary application process.
Family and Children’s Society
257 Main St. Binghamton, NY 13905
607-729-6206
153 Main St. Owego, NY 13827
607-687-3540
www.familycs.org

• Serves Broome and Tioga County.
• Services: Mental Health Counseling, Vocational Incentives Program (Broome County only).
• Fees: most insurances and sliding fee scale.
• Ages: Youth and Adults.

Family and Children’s Youth Services
257 Main St. Binghamton, NY 13905
607-729-6206

• Serving Broome County.
• Services offered: Individual Family Therapy, Psychiatric Care (in the Children’s unit).
• IQ must be over 70 to be eligible.
• Ages 5-17.
Family Resource Network
46 Oneida St. Oneonta, NY 13820
607-432-0001
www.familyrn.org or find them on Facebook

• Serves: Broome, Tioga, Tompkins, Chenango, Delaware, and Otsego counties.
• Offers: advocacy, School and Special Education Trainings, Transition Information, Regional Supports, Crisis Management, and Social Skills.
• No fees.
• Ages: Birth-Adulthood.

Finger Lakes Parent Network
25 West Steuben St. Bath, NY 14810
607-776-2164
www.flpn.org

• Serving: Allegany, Chemung, Ontario, Schuyler, Seneca, Steuben, Tioga, Wayne, and Yates counties.
• Free to Individuals with Mental Health or Developmental Disabilities.
• Ages: Children and Teens.
Freedom Guide Dogs
1210 Hardscrabble Rd. Cassville, NY 13318
315-822-5132
freedomguidedogs.org

• Serves the Eastern US.
• Freedom Guide Dogs is a non-profit organization that breeds, raises, trains and places guide dogs for the blind and visually impaired through Hometown Training and traditional guide dog schools.
• Freedom receives its funding through foundations, organizations, corporations and individuals.

Franziska Racker Centers
3226 Wilkins Rd. Ithaca, NY 14850
607-272-5891
www.rackercenters.org

• Serves Cortland, Tioga, and Tompkins counties.
• Services include: Early Childhood Services, Clinical Services, Mental Health, Community Support, Residential Programing, Medicaid Service Coordination and Learning Initiative.
• Fees: based on service.
• Ages 3-adult.
Get There

\textit{c/o United Way of Broome Co.}

PO Box 550 Binghamton, NY 13902

1-855-373-4040

www.RHNSCNY.org/programs/MMSCNY

- Services are provided free of charge and include referral, travel planning, and one-on-one training on how to use public transportation.
- Does not provide transportation directly, but will assist with public transit services, volunteer transportation options, trip planning, carpooling, commuting and transportation to health care appointments.
- Counties: Broome, Chenango, Delaware, Otsego and Tioga.

Guiding Eyes for the Blind

611 Granite Springs Rd. Yorktown Heights, NY 10598

Outreach 914-243-2210 • General 1-800-942-0149

www.guidingeyes.org

- Serves the United States and Canada.
- Offers a variety of courses. Residential (21 days), Accelerated (10 days on site/5 days in the home), and home training (10 days for experienced owners, 15 days first time owners).
- Services are free of charge.
- Ages 16+ years. Must be legally blind, have orientation mobility training, and show that a guide dog will be appropriately utilized.
- Applications can be completed online.
HCA (Helping Celebrate Abilities)
18 Broad St. Johnson City, NY 13790
607-787-7117
www.hcaserves.com

• Serves all counties.
• Services include: Early Childhood Services, Clinical Services, Residential Programing, Medicaid Service Coordination, Residential Habilitation, and Waiver Respite.
• Fees: based on service.
• All ages.

Pathways Inc.
33 Dennison Parkway West
Corning, NY 14830
607-937-4541
www.pathwaysforyou.org

• Serves 14 Counties in the Southern Tier, Finger Lakes and Rochester, NY areas.
• Services include Residential, Community-Based, Educational, and Home & Habilitation.
• Costs billable through Medicaid.
• Ages infant through Adult.
Rehabilitation Services
9 Riverside St. PO Box 781 Oneonta, NY 13820
607-433-0002
www.rehab.org

• Serving: Delaware, Otsego, and Tioga counties.
• Offers Care Coordination and Treatment, Housing Options, and Employment Services.
• Insurance accepted.
• Ages: Youth- Adult.

Southern Tier Association for the Visually Impaired
719 Lake Street Elmira, NY 14901
607-734-9467
www.st.avi.org

• Serves Chemung, Schuyler and Steuben Counties.
• Services include Rehabilitation and Clinical.
• Fees: based on service.
Southern Tier Care Coordination
22 Riverside Dr. Binghamton, NY 13905
607-798-1721
www.stcares.org

- Serving Broome County.
- Offers care management services to eligible individuals that have Medicaid. They help to improve the quality of life for those with certain chronic health conditions (asthma, COPD, diabetes, hepatitis, HIV, mental health concerns, active substance use, heart disease, etc.).
- No cost.
- No age restrictions.

Springbrook NY, INC.

Main Campus & Residential School
105 Campus Drive, Oneonta, NY 13820
Phone: 607-286-7171

Community Campus & Kids Unlimited Preschool
5588 State Hwy 7, Oneonta, NY 13820
Phone: 607-353-7272

Norwich Offices
5-9 West Main Street, Norwich, NY 13815
Phone: 607-336-6414

Binghamton Offices
199 State Street, Binghamton, NY 13901
Phone: 607-217-4236
• Serving: Albany, Broome, Chenango, Delaware, Otsego, Schoharie, Tioga, Tompkins.
• Services Provided: Assistive Technology, Advocacy, Counseling, Education, Employment Services, Housing, Waiver, Family Supports, Youth Services, Life Skills, Case Management.
• No private fees. Call to discuss program eligibility.
• Serves all ages.

Tioga Opportunities Inc.
9 Sheldon Guile Blvd. Owego, NY 13827
607-687-4222
www.tiogaopp.org

• Serving Tioga County.
• Offers Housing Services (rental assistance, apartment dwellings and home rehabilitation services.)
• Income eligibility applies.
• Ages 18 and over.
STATE AGENCIES

Adult Career and Continuing Ed Services – Vocational Rehabilitation (ACCES-VR)

Albany Office
80 Wolf Rd Suite 200, Albany, NY 12205
518-473-8097

Binghamton Office
State Office Building 7th Floor
44 Hawley St. Binghamton, NY 13901-4470
607-721-8400
1-800-888-5010

Elmira Office
609 E. Church St. Elmira, NY 14901
607-734-5294
1-800-888-5020
www.acces.nysed.gov/vr

• The Southern Tier district serves Broome, Tioga, Chenango, Chemung, Delaware, Otsego, Schuyler, Steuben, and Tompkins Counties.
• The Albany office serves Greene and Schoharie Counties.
NYS Commission of the Blind
1-866-871-3000

District 1- Buffalo
• Serves Adults and Children in Allegany and Steuben Counties.
• Serves Children only in Chemung and Schuyler Counties.

District 3- Syracuse
• Serves Adults and Children in Broome, Tioga, and Chenango Counties.
• Serves Adults only in Chemung and Schuyler Counties.

District 4- Albany
• Serves Delaware, Greene, Otsego and Schoharie Counties.

New York State Department of Labor

Binghamton Office:
Glendale Technology Park
2001 Perimeter Rd. East, Suite 3, Endicott, NY 13760
607-741-4577
www.labor.ny.gov/apprenticeship

• Serving: Broome, Chemung, Chenango, Delaware, Otsego, Schuyler, Steuben, Tioga, and Tompkins Counties.

• Services to protect workers, enforce labor laws, assist people who are unemployed, and connect job seekers to jobs. Offers Apprenticeship programs.

• All services are at no cost.

• Apprenticeship program is for ages 16 and up with parental permission or 18+ without permission.
Office of Mental Health (OMH)
https://www.omh.ny.gov/

Broome County Mental Health Department
36-42 Main Street, Binghamton, NY 13905
Phone: 607-778-2351

Chemung County Mental Hygiene Dept.
425 Pennsylvania Avenue, PO Box 588, Elmira, NY 14902
Phone: 607-737-5501

Chenango County Department of Mental Hygiene
County Office Bldg. , 5 Court St., Suite 42
Norwich, NY 13815
Phone: 607-337-1604

Delaware County Mental Health Clinic
1 Hospital Road
Walton, NY 13856
Phone: 607-865-6522

Otsego County Mental Health Clinic
242 Main Street
Oneonta, NY 13820
Phone: 607-433-2343

Schuyler County Community Services
Mill Creek Center, 106 S. Perry Street, Suite 4
Watkins Glen, NY 14891
Phone: 607-535-8282

Steuben County Community Mental Health Center
115 Liberty St.
Bath, NY 14810
Phone: 607-664-2255

Tioga County Department of Mental Hygiene
1062 State Rt. 38 , P.O. Box 177
Owego, NY 13827
Phone: 607-689-8139
• The Office of Mental Health (OMH) operates psychiatric centers across the State, and also regulates, certifies and oversees more than 4,500 programs, which are operated by local governments and nonprofit agencies. These programs include various inpatient and outpatient programs, emergency, community support, residential and family care programs.

Office for People with Developmental Disabilities (OPWDD)
www.opwdd.ny.gov

OPWDD Region 1-Finger Lakes
1-855-OPWDDFL (1-855-679-3335)
• Serves Chemung, Livingston, Monroe, Ontario, Schuyler Seneca, Steuben, Wayne, Wyoming and Yates counties.

OPWDD Region 1-Western
1-800-487-6310
• Serves Alleghany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, and Orleans counties.

OPWDD Region 2-Broome
607-771-7784 (Press 0)
• Serves Counties: Broome, Chenango, Delaware, Otsego, Tioga, and Tompkins counties.

• Serves all ages of people with Developmental Disabilities who live in New York State and qualify for services.
• Provides transition planning, employment services, self-advocacy supports, service coordination, residential supports, and family supports.
BOCES PROGRAMS

Broome Tioga BOCES
Main Campus
435 Glenwood Rd. Binghamton, NY 13905
607-763-3300
www btboces org

DCMO BOCES
Main Campus (Chenango Campus)
6678 County Rd 32. Norwich, NY 13815-3554
607-335-1200
www dcmoboces org

ONC BOCES
Main Campus (OAOC)
1914 Cty Rt 35. Milford, NY 13807
607-286-7715
www oncbo ces org

GST BOCES
Main Campus (Bush Campus)
459 Philo Rd. Elmira, NY 14903
607-739-3581
www gstboces org
POST SECONDARY EDUCATION

Adult College and Community Educational Support Strategies (ACCESS) at Alfred University
Alfred University
Ade Hall – 3rd Floor Alfred, NY 14802
607-871-2375
http://www.nytransition.org/tcdb/alfred-university-access/

• ACCESS is a collaborative project between Greater Southern Tier BOCES, Alfred University, and other community resources.
• It is a community-based academic, social, and vocational program including portfolio and resume development, paid employment opportunities in community and on campus, daily living skills development within natural settings, and college classroom support.
• Designed for students aged 17-21 years old.

Adult Continuing Education
Broome Tioga BOCES
http://www.btboces.com/AdultEducation.aspx

• Informational Meetings held the third Tuesday of every month. Contact Adult Education Office for information - 607-763-3616.
Inclusive U
Syracuse University Center for Inclusive Higher Education
805 S Crouse Ave, Syracuse, NY 13244
315-443-1288
www.tarishoffcenter.syr.edu

- Advocates for students with intellectual disabilities having options when they access higher education. Offers non-credit certificates, individualized coursework, person-centered planning, Project Search internships, and peer-to-peer social and extracurricular activities.

Keuka D.R.I.V.E.
D.R.I.V.E. Main Office- 315-279-5710
Penn Yan CSE Office- 315-536-3399 (ext. 1)
www.driveprogram.org

- Integrated transition program for young adults with disabilities. Focus on academic, social, and experiential education. Non-credit program to help prepare students for their individualized goals.
- Available to school aged (under 21) and Adult students.
LIVES at SUNY Geneseo
SUNY Geneseo 1 College Circle, Geneseo, NY 14454
585-245-5000
www.geneseo.edu/lives

• Serving Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne, Wyoming, and Yates County

• Services offered: LIVES provides an opportunity to learn independence, vocational skills, and functional academic skills with in an inclusive community.

• Age: 18-21 with intellectual and/or developmental disabilities (see website for more specific requirements).

Mohawk Valley Community College-The ARC College Works
315-792-5465
www.theacrcoloc.org

• College works is a collaborative project between The Arc, Oneida Lewis Chapter, and Mohawk Valley Community College (MVCC) for individuals with disabilities. It’s a non-degree, non-credit two year college based vocational program located on the MVCC Utica and Rome campuses.
Onondaga Community College - College for Living
4585 West Seneca Syracuse NY 13215
315-498-6022
mecha@sunyocc.edu

• Offers 3 non-credit programs for students with developmental disabilities: Personal and academic development, New Visions, and College for Living.

Onondaga Community College - Pathways to Careers
4585 West Seneca. Syracuse, NY 13215

• Provides an opportunity for young people to enroll at OCC and earn a credential to acquire a job that pays a living wage. Offers academic support services to reach their educational and employment goals.

Otsego Academy at Pathfinder Village
3 Chenango Road. Edmeston, NY 13335
607-965-8377
www.otsegoacademy.org

• Offers an individualized, two year academic program designed to strengthen math and reading, as well as soft skills linked to job success for students who have completed their high school education. Elective course offering are matched to personal interests, skill development, health & wellness, and executive functioning skills. Offers small class sizes with tutor support as needed.
Transitions - The Evolution of You
Gloversville, NY
transitionsusa.org

• Transitions offers a fully inclusive two to four year college and career support experience to students with learning differences. Transitions trains its students in life skills that will complement the Apprenticeship experience, ensuring students get the tools needed to safely and independently navigate their academic and work environments.
COLLEGES:

2 YEAR:

**Corning Community College**
1 Academic Dr. Corning, NY 14830
607-962-9222 | https://www.corning-cc.edu/

Student Disability Services
607-962-9262 | sds@corning-cc.edu

**Finger Lakes Community College**
3325 Marvin Sands Dr. Canandaigua, NY 14424
www.flcc.edu

Academic Success and Access Program
585-785-1392

**Tompkins Cortland Community College**
170 North St. Dryden, NY 13053
607-844-8211 | www.tc3.edu

Dr. Lucille S Baker Commons (Support Services)
http://www.tc3.edu/bakercommons/

**SUNY Broome**
PO Box 1017 Binghamton, NY 13902
https://mycollege.sunybroome.edu

Learning Assistance Department
607-778-5038
mycollege.sunybroome.edu/web/www/lac
4 YEAR:

Alfred State
Student Success Center
10 Upper College Dr. Alfred, NY 14802
607-587-4122
www.alfredstate.edu/student-success-center

Binghamton University
4400 Vestal Parkway East. Binghamton, NY 13902
http://www.binghamton.edu/index.php

Services for Students with Disabilities
607-777-2686 (Voice, TTY) | ssd@binghamton.edu

Cobleskill College
106 Suffolk Cir. Cobleskill, NY 12043
518- 255-5011 | http://www.cobleskill.edu/home.asp

AccessABILITY Resources
518-255-5282
http://www.cobleskill.edu/academics/accessability-resources/

Cornell University
Ithaca, NY 14850
607- 254-4636
https://www.cornell.edu/

Student Disability Services
http://sds.cornell.edu/
Davis College
400 Riverside Dr. Johnson City, NY 13790
877-949-3248  |  davisny.edu

Student Support Service/Academic Affairs Building
http://www.davisny.edu/academics/student-support/
607-729-1581 x 339

SUNY Delhi
454 Delhi Dr. Delhi, NY 13753
607-746-4000  |  delhi.edu

Access and Equity/Resnick Learning Center
delhi.edu/academics/learning_center

Elmira College
1 Park Pl. Elmira, NY 14901
607-735-1800  |  www.elmira.edu/

Disability Services
http://www.elmira.edu/academics/Academic_Resources/Disability_Services/Accessibility_Services_Information.html

Hartwick College
1 Hartwick Dr. Oneonta, NY 13820
607- 431-4000  |  http://www.hartwick.edu/

AccessAbility Services Office
AccessAbilityServices@hartwick.edu
Ithaca College
953 Danby Rd. Ithaca, NY 14850
607-274-3011  |  www.ithaca.edu
Student Accessibility Services
http://www.ithaca.edu/sas/

Keuka College
141 Central Ave. Keuka Park, NY 14478
315-279-5000  |  www.keuka.edu
Disability and Access Services
www.keuka.edu/disability-services

SUNY Oneonta
108 Ravine Pkwy. Oneonta, NY 13820
607-436-3500  |  www.oneonta.edu
Student Disability Services
http://www.oneonta.edu/development/sds/
HELPFUL WEBSITES:

Regulations:
Federal: idea.ed.gov/download/finalregulations.pdf

College Bound:
• affordablecollegesonline.org
• collegeboard.org
• collegescholarships.org
• going-to-college.org
• gocollege.com
• college-scholarships.com
• thinkcollege.net
• mappingyourfuture.org

Planning tools for life after high school:
• www.careerzone.ny.gov
• www.youthhood.org
• careeronestop.org
• parentcenterhub.org
• http://transitionsource.org

Other Related links:
• ACCES-VR: www.acces.nysed.gov/vr/
• NYS Commission for the Blind Vocational Rehabilitation Services for Transition Age Youth: ocfs.ny.gov/main/cb/transition.asp
• Office for People with Developmental Disabilities: http://www.opwdd.ny.gov/
• Office of Mental Health: www.omh.ny.gov
• Department of Social Security Administration: www.ssa.gov
• Department of Labor: dol.gov
• The Employment Institute: edi.cornell.edu
• Center on Technology and Disability: ctdinstitute.org
• National Collaborative on Workforce and Disability: ncwd-youth.org
• New York Makes Work Pay: nymakesworkpay.org
• Health care transition: http://www.gottransition.org/youthfamilies/index.cfm
• Southern Tier Independence Center: http://www.stic-cil.org/
• Parent Technical Assistance Center: http://ptac-stic.com/
• National Center on Secondary Education and Transition: http://www.ncset.org/
• Questions about workplace accommodations and ADA legislation: http://askjan.org/
• Northeast ADA Center: http://www.northeastada.org/
AAC: Alternative Augmentative Communication
ACCES-VR: Adult Career and Continuing Education Service-Vocational Rehabilitation
ADA: Americans with Disabilities Act
ADA AA: Americans with Disabilities Amendment Act
ADHD: Attention Deficit Hyperactivity Disorder
ADL’s: Activities of Daily Living
APE: Adapted Physical Education
ASD: Autism Spectrum Disorder
ASAN: Autistic Self Advocacy Network
ASL: American Sign Language
AT: Assistive Technology
BIP: Behavioral Intervention Plan
BOCES: Board of Cooperative Educational Services
BOE: Board of Education
CAP: Client Assistance Program
CDOS: Career Development Occupational Studies
CDOS-CC: Career Development Occupational Studies-Commencement Credential
CES: Community Employment Specialist
CIL: Centers for Independent Living
CSE: Committee of Special Education
CCSS: Common Core State Standards
DD: Developmental Disabilities
DOH: Department of Health
DRNY: Disability Rights New York
**ECDC:** Early Childhood Direction Center
**ED:** Emotional Disturbance
**ELA:** English Language Arts
**ESY:** Extended School Year

**FAPE:** Free and Appropriate Public Education
**FBA:** Functional Behavior Assessment
**FERPA:** Family Educational Rights and Privacy Act

**HSE:** High School Equivalency
**ID:** Intellectual Disability
**IDEA:** Individuals with Disabilities Education Act
**IEP:** Individualized Education Plan
**IQ:** Intelligence Quotient
**ITP:** Individual Transition Plan

**LD:** Learning Disability
**LEA:** Local Education Agency
**LRE:** Least Restrictive Environment

**NCLB:** No Child Left Behind
**NYSAA:** New York State Alternate Assessment

**OHI:** Other Health Impairment
**OMH:** Office of Mental Health
**OPWDD:** Office for People with Developmental Disabilities
**OT:** Occupational Therapy
PLPs: Present Levels of Performance
PT: Physical Therapist
PTAC: Parent Technical Assistance Center
RTI: Response to Intervention
RSE-TASC: Regional Special Education Technical Assistance Support Center
SD: Standard Deviation
SED: State Education Department
SEIT: Special Education Itinerant Teacher
SLP: Speech and Language Pathologist
SS: Standard Score
SSI: Supplemental Security Income
STIC: Southern Tier Independence Center
TASC: Test Assessing Secondary Completion
TAYS: Transition and Youth Services
TBI: Traumatic Brain Injury
TDD: Telecommunication Device for the Deaf
VR: Vocational Rehabilitation
VRC: Vocational Rehabilitation Counselor
WIOA: Workforce Innovation and Opportunity Act
WBL: Work Based Learning